

# Ear

## Ear issues

Often, many people seek help from an ENT doctor when they have pus coming from one ear/ both ears, ear itching, ear pain, or are hard of hearing. Some may experience a ringing sensation in the ears (tinnitus). These symptoms can be part of an ear infection(bacterial/viral), a damaged eardrum, or fluid trapped behind the eardrum.

This is medically called acute otitis media, where fluid builds up behind the eardrum and is associated with ear pain. Children are usually affected by these problems because they have straighter and shorter Eustachian tubes, adenoid enlargement, frequent colds, and fever.

Because ear infections often clear up on their own, treatment may begin with managing pain and monitoring the problem. Sometimes, antibiotics are used to clear the infection. Some people are prone to having multiple ear infections. This can cause hearing problems and other serious complications in later stages.

We do endoscopic wax removal, Myringotomy, and grommet insertion, Tympanoplasty, and assist in audiological evaluation and hearing aids.

## Vertigo

It's an awful experience when the world around us spins and we are not able to balance ourselves. This is called vertigo. There are many reasons for vertigo, one of which is BPPV (benign positional paroxysmal vertigo ), commonly referred to as ear balance problems. People may find it difficult to get up from bed, and turning the neck to either side, can be combined with vomiting too.

Old-age people may have aggravated symptoms due to an associated vitamin deficiency, too. A meticulous examination of the ENT region and the expertise of the doctor can solve this in minutes

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