



My child has put something inside of his/her ear. - FAQs

So, what do I do now, my child has put something in his/her ear.

Parents may not worry since getting an object stuck in the ear is relatively a common problem, especially in children or toddlers. The vast majority of items are lodged in the ear canal, which is the small channel that ends at the eardrum.

Home remedy : You can try to see if the object will fall out simply by tilting your child's head. If you can see the object in the ear and think you can remove it easily, carefully pull it out with a pair of tweezers. Be careful not to push it in deeper, and don't poke at the ear or try to remove the object by force.

Visit your nearest ENT doctor to get the foreign object removed in case the child complains of pain or the object is in the ear for more than 24 hours. Remember, the longer an object is left in the ear, the harder it is to remove. Also, the longer an object stays in the ear, the higher the chances of ear infection.



What should I do if an insect gets stuck inside my ear?

If accidentally an insect gets stuck inside the ear do not try to pull it out alive. Sometimes attempts to pull it out can cause damage to the ear canal or the eardrum. Always get the help of an ENT doctor to get the foreign body out.



Do you have a habit of putting earbuds/ key/pencil/ sharp things inside the ear to clean it?

Our ear always self-cleans itself; we need not use any earbuds / any other instruments to clean it. Using these may push the wax further inside and damage the ear canal /eardrum. It can also be the source of ear infections.

- Dr. Prashanth R Reddy

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